

## PARENT GROUPS AND WORKSHOPS

### Enjoying Your Child and Supporting Behaviour

9.45-11.45am

Settling crèche 17 & 24 January. Sessions run 31 January, 7, 14, 28 February and 7, 14 & 21 March.

A 7 part workshop offering parents the chance to look at ways to enjoy time with their children by improving communication and working on areas of behaviour that are challenging. An interactive course to support parents to develop strategies to fit their child's needs. **Crèche available.**

### Toileting

**contact** For families with disabled children

12.45-2.45pm 13 February

Delivered by Contact a Family, this workshop will give you advice and tips on how to support your child in this area. **Crèche available.**

### Lets Communicate

9.30am-12noon

Settling crèche 13 & 27 February.  
Sessions 6, 13 & 27 March and 3 April

A series of parent workshops delivered by the Speech and Language Therapy team. if you would like to find out more please speak to your child's speech and language therapist. **This is a closed group and by referral only. Crèche available.**

### Visual Tools Workshop

9.45-11.45am 28 March

A practical workshop for parents to enhance communication with their child using signs, pictures and symbols. Workshops are for parents who are either already using visual tools with their child or for those who are new to using visual communication tools and would like to learn more. All materials provided. **Crèche available.**

Spaces on the workshops and for crèche must be booked in advance by contacting the centre on 020 8877 0758.

### Foodbank for Families



If you are finding it difficult financially, Foodbank can provide emergency food for up to three days.

**If you are in need of a voucher please call the centre.**

## OPENING HOURS AND TERM TIME DATES

- The centre is open:  
**Monday - Friday from 8.30am to 4.30pm**
- Half term:  
**Monday 18 to Friday 22 February 2019**
- The centre is closed:  
**February 15 and April 5 for staff training and Bank Holidays.**

## CONTACT US

Enhanced Children's Centre  
West Hill Primary School,  
5 Merton Road  
SW18 5ST

Phone: **020 8877 0758**

Email: **enhancedcc@wandsworth.gov.uk**

Visit: **www.enhancedcc.org**

WEST HILL

# Enhanced Children's Centre



The Enhanced Children's Centre is a specialist setting supporting all families in Wandsworth with children aged 0-5 years with a disability, special need or complex medical need.

## SPRING TIMETABLE

7 January – 5 April  
2019



## MONDAY

### Explore and Play

9.30-11am (starts 7 January)

A drop-in play session for all families with a range of activities on offer. A chance for parents and children to have fun together and meet other families.

### Parent Forum Meeting

1-2.30pm (4 February and 1 April)

A time for parents to meet and share ideas about how we can improve the centre. If you are interested in joining the parent forum please speak to Jel Taylor the ECC Family Worker. **Crèche provided.**

### Childrens Centre Advisory Board

1-2.30pm (18 March)

The advisory board is made up of parents and professionals who help oversee, advise and make recommendations about the development and running of the children's centre. If you are interested in volunteering to be parent advisory board member please speak to Pippa Bruce, Centre Manager. **Crèche provided.**

## TUESDAY

### Food is Fun

10-11am (26 February, 12 March and 26 March).

**This is a closed group and by invitation only.**

### Messy Play

1.30-2.30pm (Starts 8 January)

A drop-in play session to support children to explore and enjoy a range of messy play activities including food play. Wear clothes you don't mind getting dirty.



## WEDNESDAY

### Parent Time

9.30am-12.00pm (6 February and 20 March)

An informal time to meet other parents, relax, share experiences and take part in fun activities such as healthy baking, henna, keeping healthy and working out and jewellery making. **Booking required.**  
**Crèche provided.**



## THURSDAY

### Communication Playgroup

1-2.30pm (28 February, 14 and 28 March)

Weekly session with fun group activities for parents and children run by speech and language therapists with top tips and practical ways to support your child's language development. **This is a closed group and by invitation only.**

## FRIDAY

### Sensory Play

9.30-11am (starts 11 January)

A drop-in play session exploring all five senses. The pace of the session is slower and calmer than other stay and play groups we offer.

### BIG Stay and Play

1-2.30pm (starts 11 January)

A drop-in play session with fewer activities, less distractions and more space to play and move around. The session includes activities to encourage communication and social interaction.

## SATURDAY

### Family Play Session

10-11.30am (12 January, 9 February and 9 March)

A monthly drop-in stay and play session for all the family. A chance for you and your family to enjoy and spend time with your child and meet other families. For children aged 0-5yrs.

### Staff at the ECC are here to help you and your child...

They are experienced in working with children with a wide range of needs. They will help you to understand how your child likes to play, how to share in their play and how to enhance your child's play skills. With their support you will learn ways to interact with your child improve communication and enjoy spending time together.

## ALSO AVAILABLE AT THE ECC

### Legal Advice

Telephone consultations available for free family law advice on areas such as divorce, finance and social services involvement. You must be registered and have a child under 5 years old to book an appointment. Please speak to a member of staff for further details on how to book. **Booking required.**

### SMILE – Oral Health Session

Get advice and tips on how to look after your child's teeth and gums and find out more about the Community Special Care Dental Service that works with those finding it difficult to access regular dental care. Our oral health promoter, Sheryll John, visits stay and play sessions regularly during the term. Why not pop in and have a chat about your child's dental health needs. **Please contact the centre to find out the date and time of her next visit.**

### A Space to Talk

All parents have questions, worries or concerns about their child from time to time. Sometimes it can be helpful to talk things over with someone else. Our educational psychologist (EP) Emma attends regular drop-ins at the centre to give parents a space to talk about any worries or questions that they may have about their child. **Please contact the centre to find out the date and time of her next visit.**

### Soft play and sensory rooms

The soft play and sensory rooms are available for individual families to use free of charge by appointment only. Maximum three children. **Booking required.**

The centre will be closed on Friday  
15 February for staff training.

Spaces on the workshops and for crèche must  
be booked in advance by contacting the centre  
on 020 8877 0758.